

# Putting best practice into practice... takes practice.



## **Asthma & Spirometry Workshop**

Friday, July 18, 2008, 8:30 AM - 4:30 PM

Northwest AHEC

Wake Forest University School of Medicine

Winston-Salem, NC

**Not just another lecture.** Join us for an interactive workshop to advance the care of patients with asthma. Learn to perform an in-depth patient assessment, utilizing lung function testing. Expand your patient teaching skills in medications, devices, and asthma action plans.

**Register now.** Contact the National Respiratory Training Center at 757.483.4130 or visit our website at [www.nrtc-usa.org](http://www.nrtc-usa.org)

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### LEARNING OBJECTIVES

Upon completion of the workshop, students will be able to

- Discuss key asthma facts related to pathophysiology, symptoms, and approaches to monitoring and treatment, both chronic management and acute exacerbation.
- Take a structured history of an asthma patient using a standardized assessment form and a model patient case scenario.
- Teach key elements of asthma management using a standard asthma action plan and a model patient case scenario.
- Recognize acceptable spirometry results and perform basic spirometry interpretation.
- Demonstrate the various asthma medication delivery devices, including inhalers and nebulizers, and be familiar with their use, teaching, and care.

### TARGET AUDIENCE

Nurses, nurse practitioners, physician assistants, respiratory therapists, case managers, and other health professionals actively involved in the care of patients with asthma.

### WORKSHOP LOCATION

Northwest AHEC Classrooms 1,2 & 3  
Wake Forest U School of Med  
Medical Center Blvd  
Winston-Salem, NC 27157

### COST

\$25 for the first 20 to register.

### ACCREDITATION

- **AANP.** This program has been approved for **5.5** contact hours of continuing education (which includes **1.5** hours of pharmacology) by the American Academy of Nurse Practitioners. Program ID: 708358.
- **AARC.** The American Association for Respiratory Care has granted the Asthma & Spirometry Workshop **5.75** hours of continuing education credit (CRCE). Provider #9380443.
- **CBRN.** The Asthma & Spirometry Workshop is approved by the California Board of Registered Nursing, Provider #13556 for **6.9** contact hours.
- **AAPA.** This program has been reviewed and is approved for a maximum of **5.75** hours of AAPA Category I (Preapproved) CE credit by the Physician Assistant Review Panel.

(Accreditation hours/credits may change based on re-accreditation applications)

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